

NSS ACTIVITIES OF KARMASHREE HITESWAR SAIKIA COLLEGE

1. ADOPTED VILLAGE NAMED NAM-TEPESIA, SONAPUR, ASSAM:

The NSS unit of Karmashree Hiteswar Saikia College adopted a village named Nam-Tepesia, Sonapur. It is 15 km away from our college, where all the peoples are tribal, even they are educationally very backward. Our College organized three special camps with more than 50 students as NSS volunteers who stayed there for seven days in each camp. The NSS Unit visits the adopted villages two-three days in a month. Our College is making a community hall and we provided Electricity to the only L.P school in Nam-Tepesia with the cost of Rs. 50,000. Electricity was not there since independence. There are three hundred Tribal houses in this village.

Target of camping:

In the year 2016-2017

1. To create environment awareness.
2. To create health awareness.
3. To promote brotherhood among the villagers.
4. To try to ban all liquor products.

Achievements:

During this year all the villagers of the adopted village do not know any idea about NSS. They only partially co-operated in the activities undertaken by the unit. Though the volunteers of the NSS unit worked selflessly only 50-60% of the targeted goals are fulfilled during this year. However, the unit was able to make the villagers convinced about the goals and objectives of NSS.

In the year 2017-2018

1. To create awareness about need of literacy.
2. To create environment awareness(Swachh Bharat Abhiyan).
3. We arranged three health camps to make them aware about health.
4. To make them aware about cleanliness.
5. To fence the public places like temple, schools etc.
6. We the NSS unit supplied electricity to the school by the cost of Rs. 50,000/- (fifty thousand only).
7. To promote brotherhood among the villagers.

Achievements:

During 2017-18, in the case of creating environmental awareness, cleanliness, brotherhood, literacy, health awareness, swachhata etc., the unit seems to achieve almost 80% success. The adopted village is educationally backward, majority of children did not go to school at that time. But our NSS unit's effort makes them to go to school. Now, almost all the children going to school for proper education. They become health conscious now and also they are avoiding liquor and other addicted substances. For that, we have done different programmes where villagers are enthusiastically co-operated. But in order to achieve complete success in this regard the unit seeks the help of the government.

In the year 2018-2019

1. To promote adult education.
2. Complete open defecation free.
3. To discourage people in using polythene bags.
4. To try to make them free from superstitious beliefs.
5. To promote the youths to come forward and to work for their upliftment.

Achievements:

Continuing endeavour of the entire years, the NSS added two more goals namely complete ban on open defecation as propagated by the government of India under Swachh Bharat Abhiyan and complete ban of use of polythene bags in the adopted village. Moreover, NSS unit become success to promote the youths to come back from addiction and to move forward to their life. However, the best achievement is that NSS became very popular among the villagers and consequently the villagers started to co-operate in every programme of NSS as the member of the same family. Even the small children of the village expressed their eagerness to join NSS when they would grow up.

In the year 2019-2020

1. To create awareness about need of literacy.
2. To create environment awareness(Swachh Bharat Abhiyan).
3. We arranged one health camps to make them aware about health.
4. To make them aware about cleanliness.
5. To fence the public places like temple, schools etc.
6. To promote brotherhood among the villagers.
7. To promote Health / social Hazards out of excessive use of liquor products.

Achievements:

During 2019-20, in the case of creating environmental awareness, cleanliness, brotherhood, literacy, health awareness, swachhata etc., the unit seems to achieve almost

80% success. The adopted village is educationally backward, majority of children did not go to school at that time. But our NSS unit's effort makes them to go to school. Now, almost all the children going to school for proper education. They become health conscious now and also they are avoiding liquor and other addicted substances. For that, we have done different programmes where villagers are enthusiastically co-operated. But in order to achieve complete success in this regard the unit seeks the help of the government.

In the year 2020-2021

1. To promote brotherhood among the villagers.
2. To Create Awareness about Covid-19.

Achievements:

During 2020-2021, due to Covid-19 Pandemic imposed lockdown, the NSS Unit could not perform its regular activities in the village. But as soon as lockdown/ Curfew is relaxed the NSS Unit along with Principal and Faculty Members conducted a Covid-19 Awareness Programme in the village and distributed some essentials items to the villagers. Awareness regarding Sanitization, cleanliness, health hazards, swachhata etc. are done in the village in a door to door basis.

2. PLANTATION:

- a. No. of plantation programmes organized.
- b. No. of saplings planted in this programmes.

The NSS unit of Karmashree Hiteswar Saikia College, undertakes plantation programmes on special occasions such as World Environment Day, NSS day, special camps, summer internship camps etc. and all helps different organizations, NGO in plantation. Though the unit has not planted a large number of trees till date, but it remains responsible for looking after the saplings it had planted in various occasion.

Year: 2016-2017

1. On 5th June 2016, in the college campus, saplings planted: 15 numbers.
2. On 27th August 2016, special camp planted 70 saplings.
3. On 1st July 2016, with the help of Bibian stars NGO we planted 15 numbers of saplings in our college campus.

Year: 2017-2018

1. On 27th April 2017, more than 200 saplings are distributed in the adopted village with the help of our Principal madam Dr. Sikhamoni Konwar.
2. On the occasion of Environmental day in the year 2017, we planted 15 saplings in the college campus.
3. In the special camp which is held in adopted village from 6th to 12th February 2018, we planted 50 saplings and made a garden where we planted shrub.

Year:2018-2019

1. We celebrated Environmental Day on 5th June 2018, where we the NSS unit planted 10 saplings in our college campus.
2. In summer internship camp in Panikhaiti, Assam, NSS unit planted 100 saplings in Swahid Koshal Konwar school campus.
3. We celebrated World Environmental day in the presence of Siddhartha Bhattacharya, education minister of Assam where we the NSS unit in collaboration with NGO we planted 20 saplings in the college campus.

Year:2019-2020

1. We celebrated Environmental Day on 5th June 2019, where we the NSS unit planted 10 saplings in our college campus.

3. BLOOD DONATION:

- a. Blood donation camp organized.
- b. Blood donation in the camps (no. of units)

The NSS volunteers of Karmashree Hiteswar Saikia College remain always ready to donate blood whenever necessity arises. There are many instances where the volunteers donated blood in various urgent situations. The record of all such events could not be maintained due to the urgency of the situations. Moreover, during this period the NSS unit organized three blood donation camps in collaboration with Mahendra Mohan Hospital (MMCH), Assam and Guwahati Medical College Hospital(GMCH), Assam and organized awareness programme to motivate people to donate blood and also proposes to organized blood group test.

Year: 2016-2017

1. Our NSS unit organized blood donation camp in collaboration with GMCH on World Blood Donor Day 14th June 2016, where 69 NSS volunteers donated blood.
2. Our volunteers donated 3 units of blood to Dr. Binita Pegu, Assistant Professor of K.H. Saikia College, Assam whose contact number is +919954669580.
3. Our volunteers donated 4 units of blood to Mrs. Nikumoni Hussain whose contact number is +919864076122.

Year: 2017-2018

1. NSS unit organized a blood donation camp on 3rd July 2018, in collaboration with MMC Hospital, Assam an annexe of GMCH in the college premise where 40 students donated blood in this camp.
2. Our NSS unit organized blood donation camp on 2018 in collaboration with All Assam Students Union(AASU), Panikhaiti sakha where 40 volunteers donated blood in collaboration with MMC Hospital, Assam an annexe of GMCH.

Year 2018-2019

1. Our NSS unit organized a blood donation camp on 2nd October 2019, on 150th birth anniversary of M.K. Gandhi in collaboration with Nehru Yuva Kendra, Kamrup(Metropolitan), ministry of Youth affairs and sports and ministry of development and entrepreneurship in association with GMCH and 40 units of bloods donated .
2. Our volunteers also donated blood in the blood donation programme which is organized by Rotary Club, Guwahati South where 25 volunteers donated blood on 1st July 2017.
3. Our volunteers donated 8 units of blood to Mr. Abdur Rashid, Assistant Teacher of Pithadi High School, Assam whose contact number is +917002793211.
4. Our volunteers always helping in need of blood to the NGO named Deepsikha who is working on the cancer patients to all over India whose contact number of the secretary of the NGO Dr. Mrinmoyee Baruah is +919864037697.
5. Our volunteers donated 4 units of blood to Mrs. Dilwara Begum who already passed away and whose relative contact number is +919365201487.
6. Our volunteers donated 4 units of blood to Dr. Tashrinara Hussain whose contact number is +919864076122.

4. HEALTH/EYE/IMMUNIZATION CAMPS:

The NSS Unit Karmashree Hiteswar Saikia College, organized 07 health camps in 2017 to 2019. 03 health camps in adopted village, 02 health camps in our college premise and 02

health camps in Panikhaiti, Assam organized by our NSS unit. There are some awareness programme also done which is related to health.

Year: 2016-2017

1. NSS unit organized 2 free health checkup camp in the college campus in association with GNRC Hospital, Six Mile, Ghy-22, Assam on 22nd November, 2017.

Year: 2017-2018

1. Free health checkup was held in adopted village on 9th February, 2018 where Dr. Sahidul Islam, M.D(registrar) GMCH and Dr. Rupjyoti Das, M.D(St. John's Hospital) were present in this camp. In this camp, free medicine were distributed among the villagers. More than hundred villagers were benefitted by this camp.
2. On 10th February, 2018 free health checkup camp was held in adopted village in collaboration with GNRC Hospital, Six Mile, Ghy-22, Assam. Dr. Ranjit Singh along with nurses and other employees were present in that camp. Free blood test and blood pressure test was done, even free medicine were distributed among the villagers.
3. Our volunteers participated in World Hepatitis Day and make aware the people about health in collaboration with Asian Institute of Nursing Education on 29th July, 2018.
4. Awareness programme on blood donation was held in Panikhaiti, Guwahati, Assam amongst the villagers where Dr. Sahidul Islam(M.D), registrar, GMCH had delivered a lecture.

Year: 2018-2019

1. On NSS day 2019, we arranged a free health checkup for 50 street children where we invited Dr. Sahidul Islam(M.D), registrar of GMCH and also distributed medicine amongst the children.
2. Organised a awareness on Swine-flu by the local nursing staff and the other employess of Sonapur.

Year: 2019-2020

1. NSS unit organized 1 free health checkup camp in the college campus in association with GNRC Hospital, Six Mile, Ghy-22, Assam.

5. YOGA PROGRAMMES ORGANISED:

The NSS unit of Karmashree Hiteswar Saikia College organized more than fifty yoga programmes in different places. We also celebrated Yoga day every year from 2016 to 2019. The Programme Officer Dr. Nurul Islam is a Yoga Expert who got various invitation from different institutions which are also related with NSS. The programmes which are done by NSS unit are given below:

Year: 2016-2017

1. On 2016, 27th April we organized a Yoga programme in our adopted village Nam-Tapesia, Assam with the volunteers along with the villagers. Many villagers participated in this camp.
2. Another programme was organized in the training of business incubation training on adventure tourism, orientation course of Programme Officers of National Service Scheme.
3. We the NSS volunteers also organized a Yoga programme on the training programme on National Youth volunteer, NYKS and TOT on life skills for NSS programme officers.
4. 3rd International Yoga day was organized by the NSS unit of our college on 21st June, 2017 where more than 200 volunteers and other people participated in our college premise. This programme is conducted by yoga officer cum programme officer Dr. Nurul Islam.
5. In every Saturday, our college NSS unit has been doing yoga programme for an hour to stay fit and healthy of our volunteers and students.

Year: 2017-2018

1. NSS unit organized 4th International Yoga day in the college campus where Mr. Dependra Kumar Deka, deputy director, Ayush and Dhiraj Das, finance manager, SPUM, NAM, Assam were present. There also more than 200 students, volunteers and teaching and non-teaching staff were present.
2. NSS unit organized a one day Yoga programme in collaboration with NSS unit of Gauhati Commerce College, Assam on 5th March, 2017 where hundred students and teachers along with the Principal and other guests were present in this programme.
3. On 6th to 12th February, 2018 in special camp organized Yoga camp everyday in the morning where our volunteers , villagers were present everyday.

Year: 2018-2019

1. Organised a yoga programme on 26th March, 2018 in collaboration with NYKS.
2. We celebrated 5th Yoga day on 21st June, 2019 in our college yoga centre where Yogi Suresh Paddar was present to conduct the programme.

3. We the NSS unit organized a Yoga programme on 19th August, 2018 in our college premise for the benefit of our college students.
4. We have organized many other programmes which images are given below.

Year: 2019-2020

1. We celebrated 5th Yoga day Online on 21st June, 2020 where Yogi Suresh Paddar was present to conduct the programme.

Year: 2020-2021

1. We celebrated 5th Yoga day on 21st June, 2021 in our college.

6. SWACHH BHARAT ABHIYAN:

The NSS unit of Karmashree Hiteswar Saikia College organized more than 50 programmes on Swachh Bharat Abhiyan. It is the mission of our NSS unit to make clean the neighbouring places of our college and also our adopted village Nam-Tepesia, Assam. From 2016 to 2019, we organized various programmes on Swachhata.

Year: 2016-2017

1. On 28th April, 2016 we organized a Swachh Bharat Abhiyan at Nam-Tepesia village. Our volunteers along with the villagers participated in this camp. It included cleaning of the school campus, Naamghar and the Deohal of the Karbi people.
2. The NSS unit organized Swachh Pakhawad, a national cleanliness programme in the college campus from 1st to 15th August, 2017.
3. We also celebrated Swachh Bharat Abhiyan in the college campus on 13th August, 2017 in tandem with the Honourable Prime Minister's initiated mission Swachh Bharat Abhiyan.

Year: 2017-2018

1. Organised Swachhata Pakhawada from 1st August to 15th August, 2018.
2. Organised a cleanliness drive in college campus on 2nd October, 2018 in the day of Gandhi Jayanti.
3. Organised 100 hours summer internship camp for 10 days.

Year: 2018-2019

1. Organised a programme on Observance of Swachhata Pakhawada from 1st August to 15th August, 2019.
2. Organised by NSS unit a programme of 15 hours of Swachhata activities from 10th June, 2019 to 21st July, 2019.
3. Our NSS volunteers organized a cleanliness drive in college campus on 22nd October, 2019 in relation with 150th birth anniversary of M.K Gandhi.
4. Organised 100 hours summer internship camp for 10 days.

Year: 2019-2020

1. Organised a cleanliness drive in college campus on 2nd October, 2019 in the day of Gandhi Jayanti.

Year: 2020-2021

1. Organised a cleanliness drive in college campus on 2nd October, 2020 in the day of Gandhi Jayanti.
2. Organised a Sanitization Programme in the college Campus on 3rd January, 2021.

7. AWARENESS PROGRAMMES AND REGULAR ACTIVITIES:

The NSS unit of Karmashree Hiteswar Saikia College celebrated different days from 2016 to 2021 like environmental awareness, voters awareness campaign, rally for peace, harmony and integrity, celebration of world blood donor day, celebration of Children's Day, Yoga Day, Gandhi Jayanti Day, NSS Day, digital awareness campaign, cleanliness drive, organized different lectures, National Integration Day, Swachhata Hi Sewa programme, Rastriya Ekta Divas, Azadi Ka Amrut Mahotsav etc. are organised by the NSS unit.

NSS unit organized different street plays on environment drugs abuse, witch hunting, helmet using, road cleaning, superstitions are done in different time in different contacts.

Assam is a flood affected area. People suffers very much every year due to flood even they have to leave their houses. Sometimes, it takes lives and properties also. In such situation every year our volunteers collect funds from publics, markets, shopkeepers etc. and they provide these funds to the flood affected areas.

ASSETS:

The unit has not properly assets its durable assets till now, however it can be said that what the unit has been doing through its different activities may be a good assets for the future generation. Our NSS volunteers has been doing their best under my supervision since 2015. Even after three years of training of the volunteers, they became very active, matured and good citizen of our society. This is also a assets for our future generation. Therefore, it can be said that NSS creates an estimated value of the assets created.

AWARDS IN NATIONAL LEVEL CAMP:

Our NSS volunteers participated in different national integration camp. In 2018, our five volunteers participated in national integration camps which is held in the Maharaja Sayajirao University, Baroda, Vadodara organized by Government of India, Ministry of Youth Affairs and sports which was held from 8th-14 October, 2018. Our two volunteers got awards also in the competition. Our volunteers also participated in North East festival which is held in Gauhati University, Manipur University and also Tripura University etc.

The programme officer Dr. Nurul Islam, got NSS state award for the year 2017-2018 from Gauhati University given by the Government of Assam, Ministry of Youth affairs and sports on 28th June, 2018.

Our six volunteers got the best NSS volunteers award in the same programme.

Our NSS volunteers has got best NSS Kamrup (metro) award for their excellent service on Swachh Bharat Abhiyan which is given by the D.C and Health department of the government of Assam on 2019. The government also given us Rupees. Fifteen thousand (Rs. 15000/-) for their best work.

Our two volunteers are selected and nominated for P.R.D, one is in 2016 and the other in 2019 and 2021.

ACHIEVEMENTS AND EXTENSION WORKS OF VOLUNTEERS AND NSS PROGRAMME OFFICERS:

During this period, NSS volunteers participated in different programmes in state level and also in national level. They also achieved appreciation and certificate from the programmers.

As a programme officer of NSS, Dr. Nurul Islam got invitation and appreciation from different institutions, N.G.O's and also from the Ministry of Youth affairs and sports. He was

invited as a guest in the orientation programme of NSS programme officers which is held in I.I.E in Assam. He was also invited from Jadavpur University in an international seminar organized by the NSS of Jadavpur University. Even Dr. Islam was invited from Mahatma Gandhi University, Meghalaya and also participated in many national and state level programmes organized by the government of India.

NYKS, Kamrup(metro) nominated as a member of the NYKS and also got invitation different times for NYKS volunteers training and other programmes.

TRAINING PROGRAMME ORGANIZED BY NSS UNIT:

Year: 2016-2017

1. Organised a training programme on Life skills for NSS volunteers which was sponsored by Rajib Gandhi National Institute of Youth Development which was held from 14th March, 2016 to 18th March, 2016 in our college premise.
2. Another programme on life skills for volunteers was organized by Rajib Gandhi National Institute of Youth Development, Sriperumbudur in association with NSS unit of Karmashree Hiteswar Saikia College held from 11th November to 16th November, 2016.

Year: 2017-2018

1. NSS unit organized a one day training programme on Youth for healthy society in Nam-Tepesia L.P school held on 25th February, 2018.
2. Another lecture was organized on importance of co-curricular activities in school education held in adopted village.
3. Lecture organized on importance of education.
4. Lecture organized on care for healthy life.
5. Lecture organized on "A journey towards development."

Year: 2018-2019

1. Organised a lecture on "Seven keys to success" on 21st November, 2019. Lecture was delivered by Former Director Sunil Basumatary.
2. Lecture delivered by Dr. Anup Kumar Deka on the topic "NSS and its importance" was organized by NSS unit of our college.
3. Some other lectures were also organized. The images are given below:

Work on Children:

Our NSS unit has been working since 2015. Children is the backbone of our society. If our child is not physically fit, mentally strong and socially well, our society can never be a healthy society. India is such a country where every one minute, one child is being abused. So, our NSS unit doing their best on child labour, child marriage, child abusing etc. In keeping this view in mind, our NSS unit using different methods to uplift our child. Our NSS unit already gave free health checkup for 50 streets children.

The NSS unit of Karmashree Hiteswar Saikia College publishes “Sankalpa, An NSS mouthpiece” every two years. In this book every activities of NSS unit has been recorded. Cover page of “Sankalpa, An NSS mouthpiece” has been shown.

Some photos showing different activities in the the adopted village, Nam-Tepesia, Sonapur, Assam.



Some photos of plantation at different times in different areas.





Plantation programme with Former Education Minister of Assam Siddhartha Bhattacharya and Principal of our college Dr. Sikhamoni Konwar.

Around 150 Grown up trees in our college campus planted by NSS unit of our college:

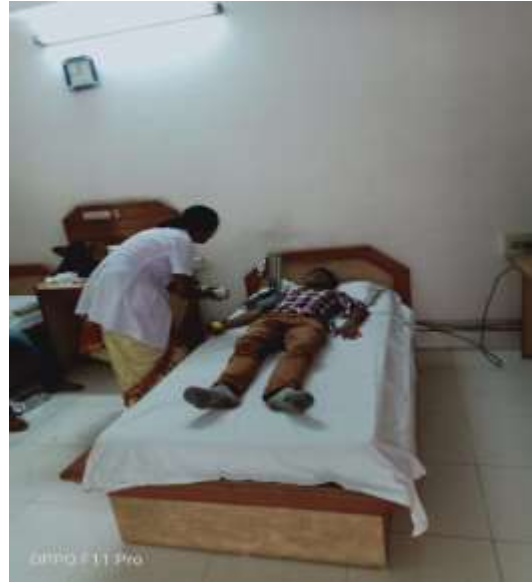


Some photos showing blood donation by our NSS unit.











Some photos showing free health checkup and distribution of medicine at different time in different place:





Some photos showing Yoga Camp organized by our NSS unit at different places:





Some photos showing Swachh Bharat Abhiyan:











Some photos showing awareness and regular activities:









As a programme officer, I got the Assam State NSS award in 2017-2018. Our 10 volunteers got best volunteer award in the same programme. I also got college award as a best performer.



Our NSS unit got Swachh Bharat Mission(Gramin) felicitation of best team participated in Swachh Bharat Internship 2018 under Kamrup(M) district, Assam.



Achievements and extension works of mine as a NSS programme officer and our NSS unit:





Some photos showing our NSS volunteers with children:





Training programme of volunteers of Assam organised by NSS unit:





Vice principal and HOD, Dept. of Assamese, Dr. Mowsumee Bordoloi Hazarika delivered a lecture on 'Importance of Co-curricular Activities in School Education'.

স্কুলীয়া শিক্ষাত সহঃ



In this special camp Asst. Professor Dr. Saswati Barua Bhuyan delivered a lecture on 'Importance of Education'. Villagers along with our student volunteers were present. More than 300 people gathered to attend the lecture.



In this camp a lecture was delivered by Asst. Professor Dr. Mrinmoyee Baruah on "Care for healthy life". Villagers along with volunteers were present during the lecture.



Organized a lecture on 'Constitution of India' on the Constitution Day on 26th Nov 2015. The lecture was delivered by Dr. Debjani Choudhury Kar, Head of the Political Science Department of the college. More than 150 students along with teaching and non-teaching staff participated in the programme.



Photos showing our “Sankalpa, An NSS mouthpiece”



***The third issue of the “Sankalpa, An NSS mouthpiece” is going to be publish soon.**